



'Brighton Alive' is an open collective of organisations and community members that supports, connects and enhances the lives of the people of the Brighton Municipality through sharing information, facilitating the coordination of services, developing partnerships and pursuing opportunities.

Brighton Alive Network Meeting

Minutes

Venue: Brighton Civic Centre

Date: 21 July 2020

Time: 10am

Attendance: Paul Quillaim (Your Town), Bridget Tape (Impact Communities, -Millie (Yourtown), Cheryl (True Trails), Moria (Salt Anglican), Sonya Williams (Brighton Care Collective), Tanya Brooks- (CFC Salvos), Kristen Grant (CFC), Louise (Yourtown), Sheryl Rainbird (Centacare Evolve Housing), Prue Jones (CEH), Rod Lambert (Standby Service), Joselle Griffin (Red Cross), Jane Kerin (Smith Family), Janice Martin (Uniting Church), Alison Matthews (Standby), Amy (Collaborative leadership table).

Apologies: Cathy Harper, Rev. Joanna Wierenga (Uniting Church), Katrina Higgins (Brave Foundation), Lisa Kluver (Smith Family), Carla Jennings, Judy Austin.

Chair: Elaine Scott

Minutes: Millie

Item	Notes
I Standing Items:	
I.1 Nomination for chair and minute taker next	Chair – Moira (Salt) Minutes – Louise (Yourtown)

Item	Notes
meeting.	
I.2 Actions from previous meeting	<p>a. Community Action Plan Update – Plan has been recirculated.</p> <ul style="list-style-type: none"> - This has been actioned- Sheryl spoke to Damian who was not wanting changes to be made. - Tanya spoke to Damian and he would like agencies to look at document and implement. -Tanya suggested we create a contact list for parents to be able to identify where to go when children are distressed. Have contacts for services to be able to offer parents to support their children and so we can be aware what services provide, offer and who to contact. - Sheryl mentioned at the Mental health day of the grass last year, cards were given out with information for children and families. Tanya suggested will look into whether there are some of these available to have as resources for services. - -Bridget asked if these can be sent out and given to services to give to families. Sheryl will send out and we will review it and distribute to the community. Kirsten suggested putting this on socials (Infographic) for those who access online too. - Sheryl asked if anyone has followed through with training as this is a good starting point for organizations and to discuss further in staff meetings. We need to be ready post-September when some support networks are brought to a close. - Paul mentioned having conversations with Damian regarding connecting with MHC in Tas. - Tanya said she will follow up with Damian and is sending information out for others in community so they are aware what services are around and how they can access them - <p>b. Mental Health Training – Sonya has circulated information.</p> <p>-Sonya has completed this and it is booked out; if interest we can book next year</p> <p>c. Community Workshop, Standby – Alison to circulate details.</p> <ul style="list-style-type: none"> - Information regarding modalities of this event will be circulated when confirmed. Rod is on the agenda to discuss with team. <p>d. Covid 19 Issues and Gaps meeting – Cathy - held over</p>

Item	Notes
I.3 Guest Speakers	<p>a) Rod Lambert- Standby – Pathways to Care</p> <ul style="list-style-type: none"> - Rod offer suicide bereavement workshops to understand complexities; there is a workshop that is presented to communities. There is a workshop for the Brighton LGA planned for the 23/9. Exploring modalities for the participants- can this be an online option? - Cheri online is practical for time management and scheduling - Sheryl prefers face to face as offices can be difficult with everyone and for long periods of time; others in community would like to attend - Elaine- it is good to have a combination of both online and face to face - Rod said that it will be advertised within next few weeks and it will most likely be online as Launceston had a successful training session this way; we could look at both options. Due to sensitive topics and lived experience being discussed it will most likely not be recorded at this stage but an option down the track. <p>b) 559 quit program – Sonya Williams High smoking area – patches being distributed</p> <p>c) Truetrails program – Cheri Allanby Programs by True Trails- Cheri shared a presentation. True Trails is based at Marion Bay, south east area of Tas. Provides Equine Therapy and currently developing well -being program with qualified counsellor. Educational support, employment opportunities and general well-being & look for unique learning opportunities looking for transferable learning skills. Funded by NDIS grants & private funds.</p>
I.4 General	
I.5 Events/Promotion	<p>Sheryl mentioned the council has put out some information about stage 2 of the park changes. Sheryl said the next event is the spring food festival; Christmas parade looks like it will go ahead- Sheryl applying for permits for this next month. This will be happening on the 12th of December at 12pm starting at Cove Hill Shopping Centre. Elaine mentioned organizing the carols as well. Sheryl has 6 applicants for ‘neighbourhood leadership program’ starting tomorrow. CAFÉ connections next week recommences</p>

Item	Notes
1.6 Support for each other	Bridget from IMPACT mentioned FAST programs are commencing at JRS next term; JRS redeveloping their child care space. Looking at a kids FAST program for term 4. Moira moving to Brighton area soon.
2 Actions arising:	Nil
Next Meeting	18 August 2020